

The Lyons Community Church Mid-Week Message

Friday, January 6, 2017

Greetings Friends,

As I look out the window at the freshly fallen snow I am thankful for the warmth of my home and the warmth of my heart! May you also feel the warmth amidst the cooler weather!

This Sunday we will celebrate Epiphany, which is when we remember and reflect upon the visit and the gifts of the Magi. It also marks the first Sunday of the season of Epiphany, which lasts through Ash Wednesday. During this season of Epiphany we will be looking at a variety of everyday activities that can also be used as spiritual practices through a sermon and worship series entitled "SAD: Spiritual Affective Disorder."

As we begin our series on Spiritual Affective Disorder, we begin by looking at spiritual practices that can help get us out of the mid-winter blues and into the light of our lives. While not a replacement for medical resources used to alleviate depression, we will look at ways that we can experience the everyday activities of our lives and notice the blessings in our lives, too. In doing so, we can seek out more ways to be filled with the Light of God, in whom we believe. This first week we will find ways to view the ordinary parts of our day...waking in the morning, enjoying a cup of coffee or tea in the morning, driving to work, doing laundry...as holy and precious gifts from God.

I look forward to gathering together this Sunday and pray that you are having a blessed week!

Blessings,

Pastor Emily

Announcements

Ministry Council Meeting Tuesday, January 10, 6:30-8pm.

Worship Team, Tuesday, January 17, 12:30-2:30pm.

Purchase a Safeway or King Soopers card to earn money for LCC.

Lions Club is collecting used eye glasses.



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Sunday, Jan. 8, 2017

Message: "Flip the Switch" - Pastor Emily Kintzel

Scripture: Isaiah 60:1-6 (NRSV) and Matthew 2:1-12 (NRSV)

Greeter: Sandra Willis

Reader: Rev. Diana Boulter

Refreshments: Sonny Walker

Prayers

Joy: Birthday of Gareth Boys (1/13).

Joy: Pam Browning's parents visiting, David & Nancy Smith

Joy: Back to School after Winter Break

Joy: The opportunity to gather with friends and neighbors for New Year's Eve

Continued prayers for Nancy Thorwardson.

