

The Lyons Community Church

Mid-Week Message

Thursday, January 7, 2016

The Voice of God

Dear Lyons friends and neighbors,

As we kiss the Christmas season good-bye (Regis and Lillian finally took down our tree this week - thanks, honey!), I can't shake the nostalgic feeling of regret that the music of the season also disappears. There is so much power in some of the new and ancient carols and Christmas songs - so much joy, light and hope. So I decided to stick with that theme - the music of our faith - and introduce a New Year's sermon series on the Psalms.

If you aren't that familiar with the Bible, Psalm is the book smack dab in the middle. It's in the Old Testament (also called the Hebrew Bible) right after the tragic story of Job, and right before the collection of kitchen table wisdom in Proverbs. Psalm is a long book with 150 chapters or songs - but don't worry, I'm not preaching a systematic or even complete overview. We will just be taking a few weeks to look over some select songs and how they help us approach, understand or embrace the mystery of God.

This first week, we'll review Psalm 29 to ponder what God's voice is like. Perhaps you can take a minute to read the Psalm this week (see page 2). This one is quite a kick-starter Psalm, as it includes flood, earthquake and fire. Let's start the year off with a bang, shall we? This series is not only about music, and the important role music plays in our faith, tradition, and lives. It is also about the chaos in our hearts, in our families, and in the world, and how we can use music to calm the storms.

So if you're off to a rocky start this year, or if you (like me) long for more peace and more strength in your life, this Sunday at 11am is a great place to start. We'll all be walking the road together, and helping each other out along the way.

Musical blessings,

Pastor Emily



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Sunday, Jan. 10, 2016

Sermon: Psalms of Our Faith #1:
What is God's Voice Like? - Rev.
Emily Flemming

Scripture: Psalm 29

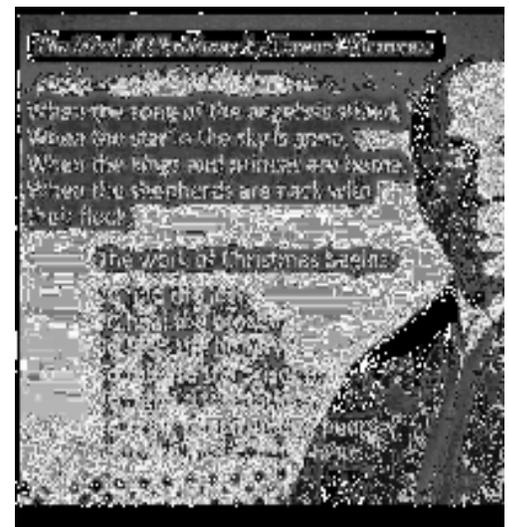
Reader: Annie Sirotniak

Greeters: Annie Sirotniak & Brian
Whitehead

Flowers: Given by the Brownings in
celebration of Pam's parents

Refreshments: Karen Schwenn

Children:



Psalm 29

- ¹ Honor the LORD, you heavenly beings,
honor the LORD for his glory and strength.
- ² Honor the LORD for the glory of his name.
Worship the LORD in the splendor of his holiness.
- ³ The voice of the LORD echoes above the sea.
The God of glory thunders.
The LORD thunders over the mighty sea.
- ⁴ The voice of the LORD is powerful;
the voice of the LORD is majestic.
- ⁵ The voice of the LORD splits the mighty cedars;
the LORD shatters the cedars of Lebanon.
- ⁶ He makes Lebanon's mountains skip like a calf;
he makes Mount Hermon leap like a young wild ox.
- ⁷ The voice of the LORD strikes
with bolts of lightning.
- ⁸ The voice of the LORD makes the barren wilderness quake;
the LORD shakes the wilderness of Kadesh.
- ⁹ The voice of the LORD twists mighty oaks
and strips the forests bare.
In his Temple everyone shouts, "Glory!"
- ¹⁰ The LORD rules over the floodwaters.
The LORD reigns as king forever.
- ¹¹ The LORD gives his people strength.
The LORD blesses them with peace

Prayers

Joys: the birthday of Gareth Boys on 1/13; all of the safe holiday travel; thanks to Betsey Hubner for her gorgeous art exhibit, the new art exhibit of Barbara Markus McKenna; Ruth, Coco and Ann Mannering organizing a hospitality group for seniors

Concerns: Laurel's back pain, Mary's hip replacement recovery, Vance and Sandi as they each search for a new home, Rebecca Louzan in the death of her grandmother, needed building repairs at church, those recovering from floods and storms in Missouri, the southeast and Scotland

Current prayer team members include: Holly & Steve Beck, Mark Boys, Pam Browning, Sandi Fikes, Janet Freeman, Vance French, Alyssa Frideres, Ellen Hine, Jani Little, Steve Mikesell, Jerry & Jean Peila, Carol Pranschke, Richard & Deborah Salmon, Debbie Tabor, and Sandra Willis.



Announcements

The Children's Committee meets this Sunday, Jan. 10th at 10am in Wesleyan Hall. Childcare by Grayson is provided.

Many thanks to Barbara Marcus-McKenna for sharing her beautiful artwork with us this season. Her bio reads: "Within her artistic vision is the intention to teach the beauty of divine unfolding." May we enjoy the experience together! (see next page)

The Care Team will meet Tuesday, Jan. 12th from 3-4pm in Wesleyan Hall. Anyone who needs support or would like to offer prayers, meals, cards, etc. to others is welcome.

Ministry Council is next Tuesday, Jan. 19th from 6:30-8pm. All are welcome.

Reminder: Pastor Emily's office hours in 2016 will remain on Tuesdays from 10am-4pm. Please call, email or stop by the church office (green building next to the church).

SMART Recovery - Self-Management and Recovery Training workshop will meet each Wednesday night, 7-8pm, in our Wesleyan Hall. This method can be used to address any addictive behavior. For more information, visit: www.smartrecovery.org.

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Call It Awareness 12"x12"



Full Circle 12"x12"



Presence of Word & Sound

Using her vocabulary of color, form and surface texture, the hand-pulled monotypes of Barbara Marcus-McKenna invite the viewer to enter a state of wonder and contemplation. The artwork opens a doorway to an inner dialogue that begins a lifetime journey towards a higher vision. Adding elements of music, poetry and energetic brushwork, the imagery speaks to the subconscious and evokes a sense of spontaneity, joy and freedom of expression.

Barbara Marcus-McKenna received her Bachelors of Fine Art in painting from Rhode Island School of Design. Chosen to represent R.I.S.D. she studied at Yale Summer School of Music and Art, and continues to receive honors and awards. Her artwork is exhibited nationwide.

Within her artistic vision is the intention to teach the beauty of divine unfolding.



Two Hemispheres 12"x12"

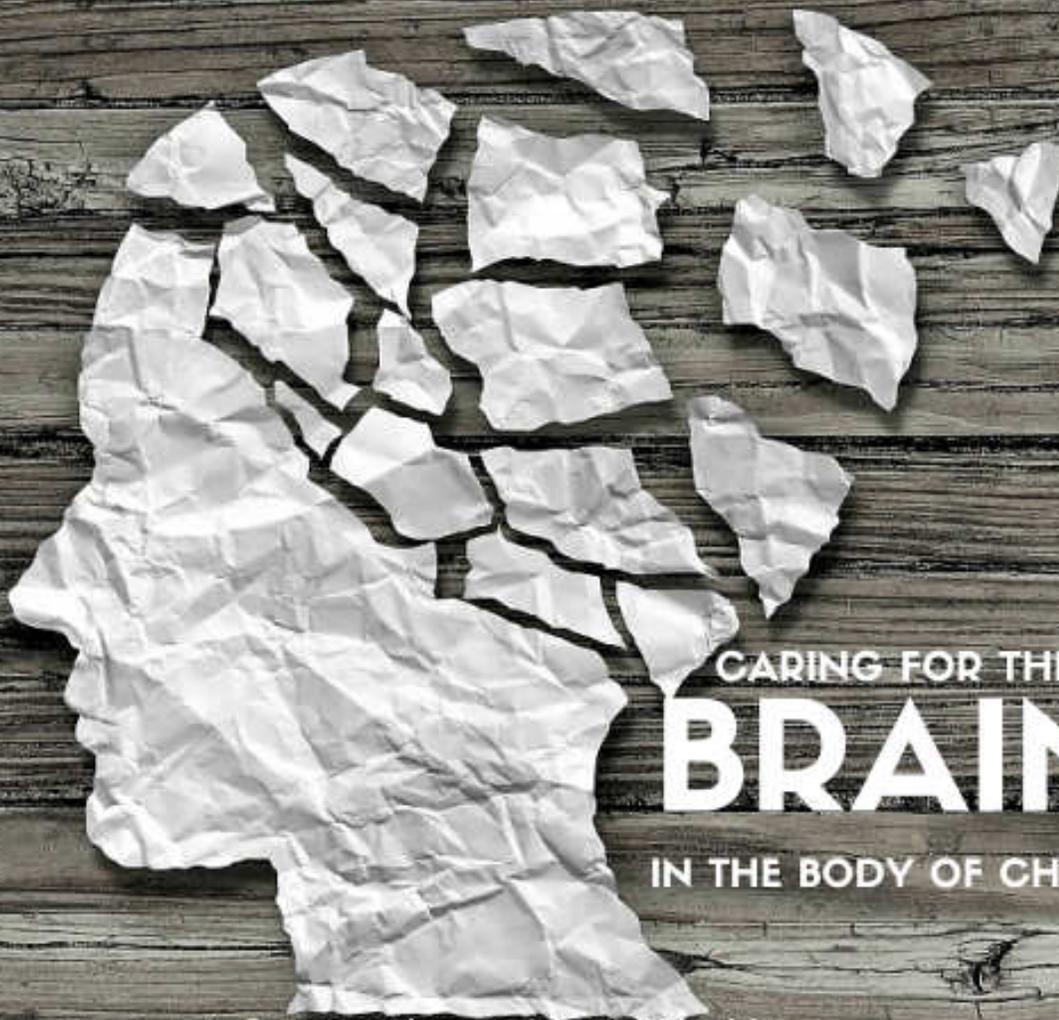


Message Comes Through



Written Mysteries 12"x12"

SPEAKING INTO THE SILENCE:



CARING FOR THE
BRAIN
IN THE BODY OF CHRIST

A Conversation on Mental Health
Facilitated by Heart of the Rockies
Christian Church (Disciples of Christ)
6501 Brittany Street | Fort Collins, CO

SATURDAY, JANUARY 23 | 9 A.M. - 3:30 P.M.
COMMUNITY WORKSHOP

SUNDAY, JANUARY 24 | 8:30 & 11 A.M.
WORSHIP FEATURING REV. DR. SARAH LUND, AUTHOR

SIGN UP & LEARN MORE AT [HEARTOFTHEROCKIES.ORG/MENTALHEALTH](https://heartoftherockies.org/mentalhealth)

Free Event - Free Event - Free Event - Free Event - Free Event

**LYONS SENIORS COMING TOGETHER
TO MAKE LYONS A HAPPENING PLACE TO AGE**



Are you interested in the future of our aging community? Do you care what our community has to offer as you age? We are inviting people of all interests in the Lyons community to participate in a Community Conversation. This interactive conversation is an opportunity for you to share your vision of the future, and offer your opinion, concerns and suggestions. Please join us!

What helps you age well?
What is your biggest struggle?
We need to hear from YOU!

Join us for a **Community Conversation**, door prizes, music and fun!

Meet the many interesting, experienced, talented, mature folks in your town.

Monday, January 25th, 6-8 p.m.
Lyons Community Church
(donated space)

Please RSVP by 1/18/16: 303-441-1585

Transportation may be available

Light supper will be served

Presented by your neighbors and:



Reasonable accommodations will be provided upon request for persons with disabilities. Please notify the Human Resources Division at 303-441-3508 at least 48 business hours prior to a meeting if you need special accommodations in order to participate.

Free Event - Free Event - Free Event - Free Event - Free Event