

# The Lyons Community Church Mid-Week Message

Wednesday, January 18, 2017

Greetings Friends,

We are in the midst of the season of Epiphany, or season of illumination and revelation. It begins with the revealing of the Messiah to the Magi and continues in the illuminating of the Christ to each of us. Throughout this season of Epiphany we will be guided by a worship series entitled "SAD : Spiritual Affective Disorder" Throughout this season of Epiphany we will be looking at a variety of everyday activities and occurrences that can also be used as spiritual practices. So far we have looked at how our everyday activities and musical playlists can play a part in our spiritual journey and spiritual practices.

This week we will look at the importance of joy and laughter in our lives and how they can enhance our spiritual journey. I imagine that we all are acutely aware of how serious the world can be. We often get overwhelmed by all that weighs us down in the world, through the news and through our own challenges. However, I am certain that there is more good in the world than we sometimes notice. This week we will take some time to seek out the delight and especially humor in life. When looking for friends and significant others, we are often drawn to those who can make us laugh and bring a smile to our face. I don't know about you, but a little laughter can turn my day around! I truly do believe that sometimes laughter really is the best medicine.

I joyfully look forward to gathering together this Sunday and pray that each of you are having a blessed week!

Blessings,

*Pastor Emily*



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**Sunday, Jan. 22, 2017**

**Message:** S.A.D.: Spiritual Affective Disorder: "Lighten Up" - Pastor Emily Kintzel

**Scripture:** Isaiah 9:1-4 (NRSV) and Matthew 4:12-23 (NRSV)

**Greeter:** Christine Boys

**Reader:** Mark Boys

**Refreshments:** The Boys Family

**Flowers:** given by Jeanne Schwenn in celebration of Karen's birthday

**Children:** Jani & Zeke Little; children will sing "Peace Like a River" during the Offertory this Sunday. This song will be rehearsed during children's time, so be sure to come!

## "LCC Family" Pizza and Game Night

The Pizza and Game Night is tomorrow, **Thursday, January 19th** from **6-7:30 pm**. Pizza and drinks will be provided. Please bring your favorite game, your family, and your friends! All are invited and welcome to come! Please let me know (either by simply replying to this email or via my cell phone #720-261-8028) if you plan to be there, so that we are sure to have enough pizza! Also, if you would like to bring veggies/dip or a dessert let me know.

It was such a blast last time! Hope to see you there!

Pastor Emily



## Prayers

Joy: Birthdays of Karen Schwenn (1/26) and Geneva Thomas (1/28)

Joy: Cindy Fisher's mother, Marie is visiting

Joy: For the life and legacy of Martin Luther King Jr.

Joy: Sonny's brother Gil enjoyed his visit here and prayers for safety on the roads

Joy and Prayers: The Women's Marches on January 21st that will be held throughout the nation

Joy: Finished the dirt project at Confluence, thankful for all who helped

Prayers for Dry Bones, a Denver-Based Ministry focused on homeless children

Prayers: Christine Boys' mom rushed back to the ER

Prayers: Mark Boys' mom recovering from hip replacement surgery

Prayers: Mark's brother Russel struggling

Prayers: Cindy Fisher is having back surgery on Monday, January 23rd

Prayers: Sonny Smith is having knee replacement surgery on February 6th

Prayers for the family and friends of Wilfried Schulz who passed away January 1st in Pinewood Springs, CO

Prayers for our nation, our leaders, and for peace in the world

## Prayer Requests

Contact Vance French, [vanzdufranz@gmail.com](mailto:vanzdufranz@gmail.com)

## Announcements

**Purchase** a Safeway or King Soopers card to earn money for LCC.

**Lions Club** is collecting used eye glasses.

## King Soopers & Safeway Charitable Gift Cards

Help us earn FREE MONEY for *Lyons Community Church* simply by purchasing groceries and gas with reloadable gift cards.

**5%** of every dollar loaded onto the cards goes to *Lyons Community Church* to help further the mission and ministry of the church.

The gift cards are currently pre-loaded with \$10.00 on them. They can be loaded and reloaded at the register at each of the respective stores.

**\*\*Be sure to have the cashier reload it, before they start scanning your items!**

Please see Holly Beck or Pastor Emily Kintzel if you would like to purchase one or more of these gift cards. The initial cost is \$10.00 made payable to *Lyons Community Church*.



**BENEFIT CONCERT** *for*  
*Nancy Thorwardson*

*featuring*

**HALDEN WOFFORD &  
THE HI BEAMS**

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**MOLLIE OBRIEN &  
RICH MOORE**

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**ESPRESSO**

SUNDAY, FEBRUARY 12

ALTONA GRANGE

\$35/PERSON

DOORS 4:00 - SHOW 5:00

*food and drink for purchase*

**TICKETS FOR SALE AT THE DOOR**