

# The Lyons Community Church Mid-Week Message

Thursday, January 26, 2017

Greetings Friends,

We are in the midst of the season of Epiphany, a season represented by illumination and revelation. Throughout this season of Epiphany we are being guided by a worship series entitled "SAD: Spiritual Affective Disorder." This Epiphany we are looking at a variety of different spiritual practices, some more common and known than others. So far we have looked at how our everyday activities and musical playlists can be a part of our spiritual practices, as well as the impact joy and laughter can have on our spiritual journey and in our spiritual practice.

This week we will look at how helping others can be a spiritual practice. Our focus will be around the words of one of my favorite Bible verses, Micah 6:8 "What does the LORD require of you, but to seek justice, and to love kindness, and to walk humbly with your God?" In this section of scripture, the prophet Micah offered the people a different focus for life, a new perspective on how they should live their lives. Rather than doing sacrifices and doing good for show, the prophet Micah urged the people to seek out ways to extend love, kindness and justice to all people. This Sunday we will explore ways that we can live our lives in such a way that we can make someone else's day brighter. I know that for me when I make someone else's day brighter, I often make my day brighter too!

I look forward to gathering together this Sunday and pray that each of you are finding ways to experience joy and laughter throughout the week!

Blessings,

*Pastor Emily*



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**Sunday, Jan. 29, 2017**

**Message:** S.A.D.: Spiritual Affective Disorder: "Make My Day" - Pastor Emily Kintzel

**Scripture:** Micah 6:1-8 (NRSV) and 1 Corinthians 1:18-31 (NRSV)

**Greeter:** Vance French

**Reader:** Pam Browning

**Refreshments:** Pam Browning and Jani Little

**Flowers:** given by the Brownings

**Music:** provided by the Little White Church Band



## Prayers

Joy: Birthdays of Jocelyn Bear (1/29), Monica McGuckin (1/30), Jerry Tabor (1/31), Savannah Beck (2/3)

Joy: The peaceful Women's Marches held on January 21st

Joy: Over 500 pairs of glasses collected by the Lion's Club thus far

Joy: Parents and Grandparents visiting

Prayers: Recent tornados in Mississippi and the surrounding states

Prayers: Skip Richard's sister-in-law who is out of ICU, and is recovering from a recent surgery

Prayers: Cindy Fisher's back surgery was Monday, January 23rd; surgery went really well and she is now resting and recuperating

Prayers: Sonny Smith is having knee replacement surgery on February 6th

Continued prayers for Nancy Thorwardson

Prayers for our nation, our leaders, and for peace in the world

## Prayer Requests

Contact Vance French, [vanzdufranz@gmail.com](mailto:vanzdufranz@gmail.com)

## King Soopers & Safeway Charitable Gift Cards

Help us earn FREE MONEY for *Lyons Community Church* simply by purchasing groceries and gas with reloadable gift cards.

**5%** of every dollar loaded onto the cards goes to *Lyons Community Church* to help further the mission and ministry of the church.

The gift cards are currently pre-loaded with \$10.00 on them. They can be loaded and reloaded at the register at each of the respective stores.

**\*\*Be sure to have the cashier reload it, before they start scanning your items!**

Please see Holly Beck or Pastor Emily Kintzel if you would like to purchase one or more of these gift cards. The initial cost is \$10.00 made payable to *Lyons Community Church*.

## Announcements

**Purchase** a Safeway or King Soopers card to earn money for LCC.

**Lions Club** is collecting used eye glasses.

**Meal Train for the Brightons:** Several people have asked about helping the Brightons with a meal, so if you are interested, copy and paste the link below, and you can sign up for a particular day.

<https://www.mealtrain.com/trains/g0r4e1>

## Bible Study

Mark and Christine Boys  
529 Goranson Court, Lyons

303-823-5885 (h)  
847-691-8067 (Mark cell)  
720-357-5691 (Christine cell)

email: [mlboys1@yahoo.com](mailto:mlboys1@yahoo.com);  
[christineboys@yahoo.com](mailto:christineboys@yahoo.com)

Wed. 6:30pm, starting Feb 1st., 5 weeks.

Please let us know if planning to attend.

The last Wed (March 1st) is a conflict. Could we meet on Tuesday (Feb 28th)? Or we may have to skip that week (Mark will be in England from March 2-14th though).

Mark



**BENEFIT CONCERT** *for*  
*Nancy Thorwardson*

*featuring*

**HALDEN WOFFORD &  
THE HI BEAMS**

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**MOLLIE OBRIEN &  
RICH MOORE**

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**ESPRESSO**

SUNDAY, FEBRUARY 12

ALTONA GRANGE

\$35/PERSON

DOORS 4:00 - SHOW 5:00

*food and drink for purchase*

**TICKETS FOR SALE AT THE DOOR**